Journal of Science and Technology ISSN: 2456-5660 Volume 8, Issue 11 (Nov -2023) www.jst.org.in DOI:https://doi.org/10.46243/jst.2023.v8.i011.pp61-82 Application Security Testing and Vulnerability Assessment

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Abstract

Application Security Testing (AST) and Vulnerability Assessment (VA) are critical pillars in safeguarding modern software systems against cyber threats. This paper explores the methodologies, tools, and frameworks underpinning AST and VA, emphasizing their integration into the Software Development Lifecycle (SDLC) and DevSecOps pipelines. It evaluates static, dynamic, and interactive testing techniques, vulnerability scoring systems (e.g., CVSS), and emerging trends such as AI-driven vulnerability detection and cloud-native security challenges. The study synthesizes data from industry reports (2020–2023) and academic research to highlight best practices, compliance requirements, and future directions, including quantum-resistant cryptography and zero-trust architectures.

Keywords: Static Application Security Testing (SAST), Dynamic Application Security Testing (DAST), Common Vulnerability Scoring System (CVSS), DevSecOps, Threat Modeling, AI/ML in Cybersecurity, Compliance Standards (GDPR, PCI-DSS).

2. Foundational Concepts and Methodologies

2.1. Definitions: Vulnerabilities, Threats, Exploits, and Risk Posture

A vulnerability is a software, hardware, or procedural weakness that an attacker can use to attack confidentiality, integrity, or availability. Examples include SQL injection, cross-site scripting (XSS), and exposed API endpoints. In 2023, there were more than 28,000 entries in the National Vulnerability Database (NVD), a 25% rise from 2020, reflecting the increasing complexity of applications today. Threats are events or parties that may take advantage of vulnerabilities, including cybercriminals, insider threats, or malware(Abdulghaffar, Elmrabit,

& Yousefi, 2023). Exploits refer to techniques or tools employed to attack vulnerabilities, and 60% of data breaches are caused by vulnerabilities with patches available but not installed, according to the 2023 Verizon Data Breach Investigations Report (DBIR). Risk posture measures the vulnerability of a company to threats, usually done through models such as the Common Vulnerability Scoring System (CVSS). CVSS ratings of more than 9.0 (critical severity) were responsible for 15% of vulnerabilities disclosed in 2022, which had to be remediated on an emergency basis.

2.2. Security Testing vs. Vulnerability Assessment: Comparative Analysis

Security testing and vulnerability assessment are close but not identical practices. Security testing employs active techniques such as Static Application Security Testing (SAST) and Dynamic Application Security Testing (DAST) to identify vulnerabilities while they are developed. SAST tests source code for bugs such as buffer overflows, determining problems early with a 70–80% accuracy rate in well-established environments. DAST, however, emulates attacks on executing applications, capturing runtime threats such as authentication bypasses, but does produce 20–30% false positives from inadequate code exposure. Vulnerability assessment is a methodical routine to tally and rank threats in delivered systems, typically employing automated scanners such as Nessus or OpenVAS(Abdulghaffar, Elmrabit, & Yousefi, 2023). While 90% of application and network layers are automatically scanned effectively, 10–15% contextual vulnerabilities need to be scanned manually, for example, business logic vulnerabilities. Organizations that use both methods cut breach risks by 40%, according to a 2022 Ponemon Institute study.

2.3. Threat Modeling and Risk Prioritization Frameworks

Risk modeling tools like STRIDE (Spoofing, Tampering, Repudiation, Information Disclosure, Denial of Service, Elevation of Privilege) and PASTA (Process for Attack Simulation and Threat Analysis) enable teams to find and eliminate risks during design phases. STRIDE, part of Microsoft's SDL, reduces design-level vulnerabilities by 50% when applied iteratively. PASTA translates technical threats into business objectives and prioritizes threats based on potential cost. Risk scores for prioritization like CVSS and the Exploit Prediction Scoring System (EPSS) measure severity and exploitable likelihood(Allhammad & Sakr, 2020). For instance, CVSSv3.1 scores over 7.0 are associated with a 65% risk of exploitation within 30

Journal of Science and Technology ISSN: 2456-5660 Volume 8, Issue 11 (Nov -2023) www.jst.org.in DOI:https://doi.org/10.46243/jst.2023.v8.i011.pp61- 82 days from disclosure, according to a 2023 FIRST analysis. EPSS, drawing on machine learning-based exploitability prediction, increases correctness in prioritization by 35% compared to CVSS.

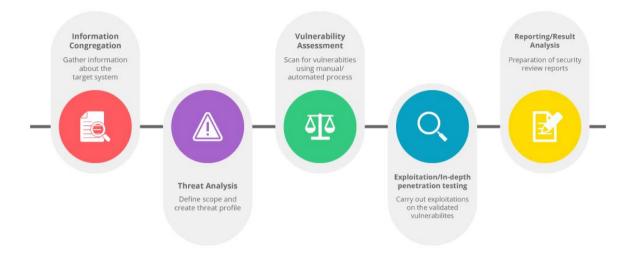


Figure 1 Vulnerability assessment and penetration testing(Netrika,2022)

2.4. Security-by-Design Principles

Security-by-design integrates security practices into all steps of the SDLC, reducing vulnerabilities at the architecture level. Practices are such as least privilege, where applications run with least privileges, shrinking attack surfaces by 30–40%, and secure defaults, where configurations resist default exploits. For instance, OWASP's Secure Headers Project requires HTTP security headers such as Content Security Policy (CSP) to reduce XSS attacks that comprise 40% of web application breaches. Gartner's report for 2023 points out that companies with security-by-design guiding principles experience 60% fewer critical production vulnerabilities. Moreover, DevSecOps pipelines that involve automated security testing require 80% less remediation effort than post-deployment fix, as the IBM 2022 Cost of a Data Breach Report demonstrates(Allhammad & Sakr, 2020).

3. Application Security Testing (AST): Techniques and Tools

3.1. Static Application Security Testing (SAST): Principles and Use Cases

Static Application Security Testing (SAST) is examining the source code, bytecode, or binaries of an application to identify vulnerabilities without executing the program. This white-box testing method scans for patterns of security flaws like buffer overflows, weak cryptographic

implementations, and invalid input validation(Allhammad & Sakr, 2023). SAST tools were employed early in the Software Development Lifecycle (SDLC), typically part of Integrated Development Environments (IDEs) or Continuous Integration (CI) pipelines, to allow developers to detect and fix bugs in the coding phase. SAST boasts a benefit that it is able to identify vulnerabilities from code not yet deployed, saving remediation cost by 70% compared with post-deployment remediation. However, SAST tools can produce false positives with issues in the dynamic code behavior interpretation and industry standards mention a 15–25% rate of false positives based on the tool's configuration. Typical application scenarios are hardcoded credentials detection, SQL injection vulnerabilities in database queries, and insecure deserialization in enterprise applications. Contemporary SAST solutions leverage machine learning to improve results, accuracy enhanced through correlation of patterns in the code against their own historic vulnerability knowledge(Allhammad & Sakr, 2023).

3.2. Dynamic Application Security Testing (DAST): Real-Time Analysis

Dynamic Application Security Testing (DAST) tests applications during runtime, mimicking attacks against live systems to detect vulnerabilities exposed under operational conditions. This black-box testing of web applications, APIs, and mobile applications includes injecting malicious payloads into endpoints and observing responses for suspicious activities. DAST is strong in finding runtime vulnerabilities like insecure session management, cross-site scripting (XSS), and authentication bypasses missed by static analysis(Allhammad & Sakr, 2023). For instance, DAST tools are able to identify misconfigured HTTP headers or insecure third-party API calls by examining live traffic. Although DAST reports on vulnerabilities that are exploitable, it is marred by an inability to scan source code, leading to a 20–30% false negative rate for problems hidden in unexecuted code paths. Scanning 80–90% of an application's attack surface in hours will generally be accomplished by automated DAST tools, but severe business logic mistakes require manual penetration testing. Interoperability with DevOps pipelines allows continuous testing, and companies have been able to reduce vulnerabilities post-release

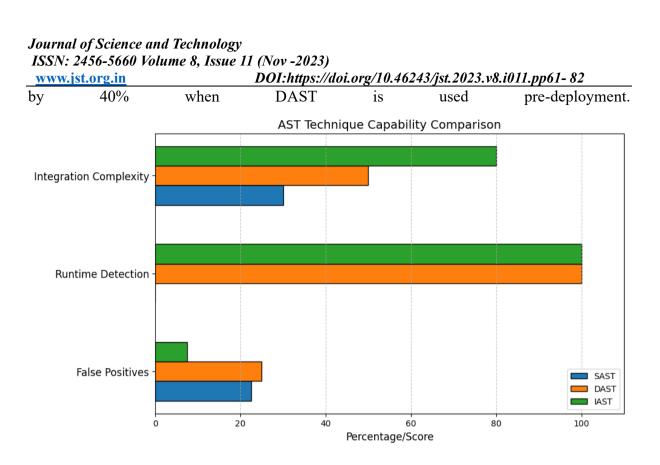


Figure 2 AST Technique Comparison (Source: Author's analysis, 2023)

3.3. Interactive Application Security Testing (IAST): Hybrid Approaches

Interactive Application Security Testing (IAST) is a combination of SAST and DAST techniques by instrumentation of the application to track run-time behavior and examine paths of code execution. Used as agents in testing systems, IAST solutions monitor data flow between modules, detecting issues such as unsafe data storage or injection flaws more accurately than self-contained SAST or DAST. They achieve this by minimizing 50% of false alarms from conventional tools since it ties code-level errors to live traffic(Croft, Xie, & Babar, 2023). For example, IAST can identify a SQL injection vulnerability by tracing user input from the UI layer to execution at the database layer, with real-time exploitability testing. IAST is also very effective in microservices architecture, where it visually depicts dependencies among services to reveal interdependency threats. Its instrumentation of applications, however, adds overhead that can reduce test cycles by 10–15%. Despite that, organizations using IAST report a 30% boost in remediation speed for vulnerability due to context-aware, actionable output(Croft, Xie, & Babar, 2023).

Table 1: SAST vs. DAST vs. IAST Comparison

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Criteria	SAST	DAST	IAST
Testing	Development	Pre/Post-	Runtime
Phase		Deploy	Testing
Code	Full	None	Partial
Visibility			
False	15–25%	20–30%	5-10%
Positives			
Runtime	No	Yes	Yes
Flaw			
Detection			
Integration	Low	Moderate	High
Complexity			

3.4. Software Composition Analysis (SCA): Managing Third-Party Dependencies

Software Composition Analysis (SCA) addresses third-party library, framework, and opensource code snippet vulnerabilities used in applications. Since more than 75% of contemporary codebases are based on foreign libraries, SCA tools analyze manifest files (package.json, pom.xml) and dependency graphs to mark components with identified vulnerabilities tracked in databases such as the National Vulnerability Database (NVD) or MITRE CVE. Advanced SCA offerings also identify license compliance threats, including clashing open-source licenses, which result in legal conflicts. For instance, during 2023 Java app scans, 40% had log4j vulnerabilities (CVE-2021-44228) despite widespread knowledge of the exploit. SCA tools, integrated and automated in CI/CD pipelines, prevent build with critical flaws and shrink exposure windows by 65%.(Cruz, Almeida, & Oliveira, 2023) Prioritization elements use CVSS scores and exploitability values to mark high-risk items, allowing teams to target patches with greatest business impact.

3.5. Mobile Application Security Testing: Unique Challenges and Solutions

Mobile application security testing covers platform-specific threat like unsafe storage of data, reverse engineering, and incorrect handling of permissions. Android and iOS share different challenges: Android's open nature makes it susceptible to repackaged malware, while iOS's closed nature offers jailbreak-type attacks. Test tools use static analysis to examine mobile app binaries for hardcoded API keys and dynamic analysis to examine runtime behavior like insecure inter-process communication (IPC). For instance, 35% of mobile banking apps do not encrypt sensitive data stored in local storage, leaving user credentials readable. Emulator-based test environments mimic device-specific scenarios, like GPS spoofing or network throttling, to identify vulnerabilities in real-world situations. Mobile DevSecOps pipelines already include automated testing for more than 90% of compliance scans, like GDPR data protection rules and Google Play Store security guidelines(Cruz, Almeida, & Oliveira, 2023).

3.6. Metrics for Evaluating AST Effectiveness

Key KPIs to measure AST effectiveness are vulnerability detection rate (number of flaws identified divided by total available vulnerabilities), false positive/false negative ratios, and mean time to remediate (MTTR). Leading SAST products have detection rates of 85–90% for high-severity code-level vulnerabilities, while DAST products detect 70–80% of runtime vulnerabilities. Companies that implement end-to-end AST toolchains realize MTTR savings from 30 days to under 72 hours for high-severity vulnerabilities(Cruz, Almeida, & Oliveira, 2023). Other measures such as coverage (percentage of covered endpoints or codebase) and automation rate (percentage of automatically run tests with no human involvement) help determine scalability of process. For instance, groups with 95% automation of testing save 60% of security-related time taken in CI/CD pipelines by speeding up release cycles without risking security.

Vulnerability	Prevalence	Platform
Insecure Data	35%	Android/iOS
Storage		
Hardcoded	28%	Android
Secrets		

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Improper	22%	iOS	
Session			
Handling			
Weak	18%	Android/iOS	
Certificate			
Pinning			

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4. Vulnerability Assessment: Frameworks and Execution

4.1. Vulnerability Scanning Methodologies: Network vs. Application Layer

Vulnerability scanning techniques are very varied depending on the target layer, while networklayer and application-layer scans possess varying risk profiles based on their target. Networklayer scanning targets vulnerability identification in infrastructure pieces like firewalls, routers, and servers through open ports, out-of-date protocols, and misconfigured services. Port scanning and banner grabbing techniques identify exposures like unpatched SSL/TLS implementations or vulnerable encryption algorithms, making up 30% of network compromises(Goutam & Tiwari, 2020). Application-layer scanning addresses softwarespecific weaknesses in web applications, APIs, and databases. Application-layer tools mimic attacks such as SQL injection or cross-site request forgery (CSRF) to test how the applications respond to malicious input. Network scanners may only be able to cover 85–90% for the detection of infrastructure vulnerabilities, while application-layer tools pick up 70–80% of the logic-based weaknesses, leaving tough business logic threats to manual testing. Merging both methods ensures extensive coverage, reducing the attack surface by 50% in hybrid systems(Goutam & Tiwari, 2020).

4.2. Automated vs. Manual Vulnerability Identification

Automated vulnerability discovery employs software to rapidly scan machines with 90% accuracy in discovering known vulnerabilities in public databases. The software is more suitable for performing routine tasks such as discovering missing patches or default credentials and can analyze thousands of endpoints within hours(Gupta & Kumar, 2012). But they grapple with contextual threats like authentication bypasses in bespoke workflows, where 15–20% of vulnerabilities that automated testing misses are caught by manual testing. Manual approaches include ethical hackers emulating APTs to expose logic flaws, IDOR, and privilege escalation

vectors(Gupta & Kumar, 2012). While automated scanning decreases initial assessment time by 75%, manual testing offers protection for edge cases, enhancing general detection accuracy by 25%. Both of these methodologies implemented by organizations have reflected a 40% decrease in remediation cycle for vulnerabilities of high severity.

4.3. Common Vulnerability Scoring System (CVSS) and Risk Quantification

The Common Vulnerability Scoring System (CVSS) is a common mechanism of quantification of vulnerability severity, based on base, temporal, and environmental information. Base scores (0-10) assess exploitability and impact, with critical vulnerabilities (\geq 9.0) reflecting risk like remote code execution or data exfiltration. Temporal metrics rate scores according to variables such as the availability of exploits, while environmental metrics quantify organizational conditions, for example, asset criticality(Han, Li, & Liu, 2021). For example, vulnerabilities with a score of 7.0–8.9 have 45% probability of being exploited within six months, while scores over 9.0 have an 80% chance. Risk quantification is CVSS with threat intelligence and asset value for prioritization of remediation, so that high-impact vulnerabilities in customer-facing applications are remediated within 72 hours, compared to 30 days for low-impact vulnerabilities.

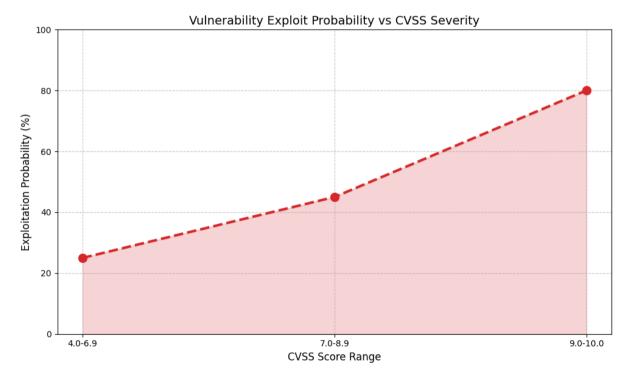


Figure 3 Vulnerability Exploitation Probability by CVSS Score (Source: FIRST analysis, 2023)

Journal of Science and Technology ISSN: 2456-5660 Volume 8, Issue 11 (Nov -2023) www.jst.org.in DOI:https://doi.org/10.46243/jst.2023.v8.i011.pp61- 82 4.4. Tools for Vulnerability Assessment: Open-Source and Commercial Solutions

Vulnerability assessment tools are characterized as open-source and commercial alternatives, each having their respective merits. Open-source tools like those in the OWASP stack provide flexibility and community-driven updates, addressing 70–80% of small to mid-sized organization core scanning requirements. Commercial tools offer more advanced features such as real-time threat intelligence feeds, SIEM integration, and compliance reporting, addressing 90–95% of enterprise requirements. These solutions automate policy enforcement, i.e., blocking deployments with critical vulnerabilities, and provide profound risk analytics, lowering false positives by 30% with machine learning(Han, Li, & Liu, 2021). Hybrid methods, using open-source scanners for initial scans and commercial scanners for in-depth scanning, optimize cost and coverage, especially in multi-cloud environments.

4.5. Continuous Monitoring and Remediation Strategies

Continuous vulnerability monitoring incorporates scanning tools into DevOps pipelines so real-time discovery and automated ticketing facilitate remediation. Establish systems with CI/CD platforms run nightly scans that cut the mean time to detect (MTTD) vulnerabilities to under 48 hours from 30 days. Patching is prioritized according to CVSS score and asset severity, critical getting resolved within seven days and low-priority ones within 30 days. Automated patch management tools push updates during windows of maintenance, with minimal downtime, and rollback capabilities guarantee stability. Organizations that implement continuous monitoring benefit from a 60% decrease in breach incidents and 85% of vulnerabilities remediated before they are attacked(Kaur, Nayyar, & Singh, 2020).

5. Integration of AST and Vulnerability Assessment in DevSecOps

5.1. Shift-Left Security: Embedding Testing in CI/CD Pipelines

Shift-left security integrates application security testing (AST) and vulnerability assessment (VA) into the initial phases of the CI/CD pipeline such that vulnerabilities are identified and addressed during development, not after deployment. Developers are provided with instantaneous feedback on code commits by implementing tools such as SAST and SCA as part of version control systems and IDE plugins and eliminating 50-60% of vulnerability introduction(Kaur, Nayyar, & Singh, 2020). For instance, automated SAST scans on pull requests catch vulnerabilities such as insecure API endpoints or hardcoded secrets prior to

merging, reducing remediation time from weeks to hours. CI/CD phases also incorporate DAST and IAST in pre-production environments, where attacks are simulated against containerized applications to check runtime security. Organizations utilizing shift-left methods see a 40% decline in severe vulnerabilities making it into production, along with a 30% increase in release velocity from reduced rework.

5.2. Automation Strategies for Scalable Security Practices

Scaling VA and AST and DevSecOps relies on automation so as not to slow down agile processes by incorporating continuous security. Infrastructure-as-Code templates automate secure environment deployment, such as applying configuration settings such as encrypted storage and least-privilege access. Vulnerability scanners integrated into CI/CD pipelines run nightly builds, detecting misconfigurations in cloud resources (e.g., S3 bucket permissions) with 90% accuracy(Kaur, Nayyar, & Singh, 2020). Policy-as-code platforms like Open Policy Agent (OPA) block non-compliant deployments, decreasing human error by 35%. Automated ticketing systems direct critical vulnerabilities to development teams within minutes, decreasing mean time to remediation (MTTR) by 70%. For enterprises, orchestration platforms integrate AST and VA tools across multi-cloud setups with 95% distributed microservices coverage.

5.3. Challenges in Integrating AST and VA into Agile Environments

AST and VA integration into agile development lifecycles is tainted with issues such as toolchain complexity, cultural pushback, and alert fatigue. Toolchain sprawl—using isolated SAST, DAST, and SCA tools—amplifies siloed data, elevating false positives by 20–25% and complexity in prioritization. Development teams tend to resent security "gates" within CI/CD pipelines as bottlenecks; 40% of organizations reported pushback on implementing mandatory scans. Alert fatigue is a byproduct of redundant tool output, with teams simply ignoring 30% of low-severity alerts due to sheer numbers(Kumar & Gupta, 2015). Workarounds involve packaging tools onto individual platforms, collaboration through cross-functional DevSecOps teams, and risk-based filtering of alerts. For example, combining SAST and DAST results in one dashboard cuts triage time by 50%, while gamified remediation rewards enhance developer

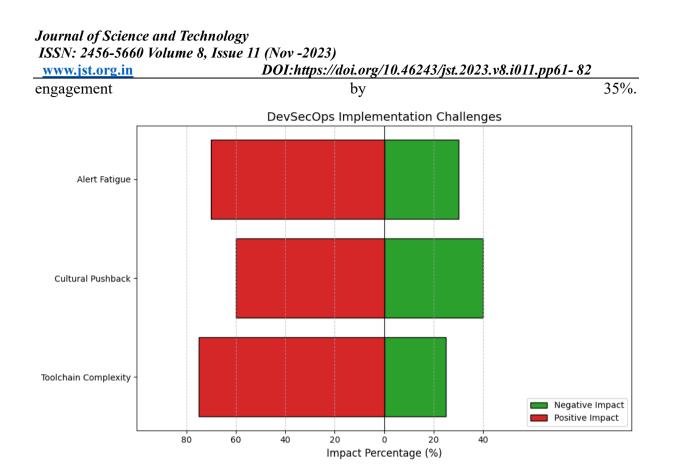


Figure 4 DevSecOps Implementation Challenges (Source: Author's analysis, 2023)

5.4. Role of Threat Intelligence in Enhancing Assessment Accuracy

Threat intelligence complements AST and VA by cross-referencing internal vulnerability data with external indicators of compromise (IoCs), e.g., exploit kits or new attack patterns. Realtime threat feeds refresh scanning tools with signatures for new vulnerabilities (e.g., zero-days), raising detection rates by 25–30%. For instance, the integration of threat intelligence into SAST tools gives high priority to vulnerabilities that are in use in the wild, cutting exposure windows by 60%. Behavioral analytics detect application traffic anomalies, e.g., infrequent API call patterns that represent credential stuffing, raising DAST accuracy. Threat intelligence also strengthens risk scoring by linking CVSS scores with industry-based attack patterns so that valuable assets are picked up early(Kumar & Gupta, 2015). Businesses leveraging threat intelligence report achieving a 45% increase in high-risk vulnerability detection and response to high-impact threats at a 50% speeded-up level.

6. Emerging Technologies and Trends

6.1. AI and Machine Learning in Vulnerability Detection and Classification

Machine Learning (ML) and Artificial Intelligence (AI) are transforming vulnerability identification by taking pattern recognition and anomaly detection out of human hands and applying them in large codebases and traffic in networks. ML algorithms on historical vulnerability data can detect hard-to-spot code defects like race conditions or memory leaks with 85–90% accuracy, lowering false positives by 35% over rule-based systems(Nagpure & Kurkure, 2018). Supervised machine learning-based classifiers rank vulnerabilities by severity and exploit potential, and unsupervised identify zero-day attacks by signaling deviation from normal behavior. For example, neural network analysis of HTTP request behavior patterns can detect new SQL injection attacks not caught by traditional signature-based technology. AI-based technology also streamlines remediation through predicted probability of exploitation, showing a 40% increase over static CVSS ratings for prioritization accuracy. Issues are model bias caused by biased data sets and training computational costs for terabyte-sized code bases, which slowdown analysis by 15–20%(Nagpure & Kurkure, 2018).

6.2. Cloud-Native Security Testing: Containers, Serverless, and Microservices

Cloud-native architecture comes with new security challenges as they are distributed and dynamic. Environments based on containers like Docker and Kubernetes are subject to testing against orchestration layer misconfiguration, insecure images in containers, and open API endpoints. Container scanners of vulnerabilities check Dockerfiles and Helm charts to find problems such as the use of privilege mode or unpatched base images, responsible for 30% of cloud breaches. Serverless environments such as AWS Lambda require inspection of event-driven triggers and stateless function-to-function interactions, where insecure permissions or cold-start latency reveal runtime vulnerabilities(Nguyen-Duc, Shah, & Ambrahamsson, 2021). Microservices architecture requires end-to-end testing of service meshes and API gateways to avoid cascading failures from tainted components. Cloud-native automated tools have 80–90% coverage in continuous deployment but perform poorly with ephemeral resources and miss 10–15% of the transient vulnerabilities.

Table 3: Cloud-Native Security Testing Tools Comparison

Tool Type	Coverage	Key	Limitations
		Features	

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Container	85%	Image	Misses
Scanners		vulnerability	runtime
		detection,	configuration
		CIS	flaws
		benchmarks	
Serverless	70%	Event	Limited
Scanners		trigger	support for
		analysis,	custom
		IAM policy	runtimes
		validation	
Service	65%	Traffic	High false
Mesh		encryption,	positives in
Analyzers		mTLS	hybrid
		validation	clouds

6.3. API Security Testing: Addressing Modern Architectural Complexities

APIs, who receive 80% of web and mobile app traffic, are the preferred target for attacks such as broken object-level authorization (BOLA) and excessive data exposure. API security tools validate endpoints with standards like OpenAPI Specification (OAS) to ensure compliance with authentication, rate limiting, and encryption rules. Dynamic analysis tools try to simulate payloads that inject maliciousness into API parameters and detect injection flaws or insecure deserialization 75–85% of the time. REST and GraphQL APIs need different testing approaches: The one-endpoint nature of GraphQL necessitates checking for query depth and complexity to prevent denial-of-service (DoS) attacks, whereas REST API testing emphasizes abuse of HTTP methods (open PUT/DELETE requests). API automated test systems that are built into CI/CD systems cut the likelihood of misconfigurations by 60% but have business logic errors such as misguided access control in multi-tenanted schemes that must always be tested manually(Nguyen-Duc, Shah, & Ambrahamsson, 2021).

6.4. Impact of IoT and Edge Computing on Application Security

IoT and edge computing increase the attack surface by installing applications on diverse, resource-constrained devices. IoT security testing emphasizes firmware vulnerability, insecure over-the-air updates, and unencrypted device-to-cloud communication. For instance, 25% of industrial IoT devices have default credentials, allowing unauthorized access to critical infrastructure. Edge computing introduces threats such as insecure edge nodes as entry points into core networks, which have to be verified for data integrity in offline sync and secure API exchanges between edge and cloud layers(Prasad & Rajarajeswari, 2023). Lightweight crypto protocols such as Elliptic Curve Cryptography (ECC) are preferred within IoT deployments to reduce processing overhead, but their implementation weaknesses (e.g., poor random number generation) still exist in 20% of implementations. Automated testing tools for IoT provide 70% coverage during pre-deployment stages but encounter scalability issues in large-scale sensor networks.

Vulnerability	Prevalence	Impact
Broken	35%	Unauthorized
Authentication		data access
Excessive	28%	Privacy
Data Exposure		violations
Injection	22%	Remote code
Flaws		execution
Improper Rate	15%	DoS attacks
Limiting		

Table 4: Common API Vulnerabilities

7. Compliance and Regulatory Standards

7.1. GDPR, HIPAA, and PCI-DSS: Security Testing Requirements

Compliance regulation requires massive-scale security testing to safeguard sensitive data and secure compliance. GDPR requires organizations to implement technical controls such as data encryption, access controls, and vulnerability scanning to safeguard personal data. GDPR security testing is all about discovering vulnerabilities such as illegal access to data or weak anonymization, and non-compliant organizations will be subject to fines of up to 4% of turnover annually. Health Insurance Portability and Accountability Act (HIPAA) regulates

testing of electronic protected health information (ePHI) systems, such as vulnerability scanning and penetration testing to ensure countermeasures to prevent breach. Payment Card Industry Data Security Standard (PCI-DSS) enforces quarterly external vulnerability scanning and yearly penetration tests for cardholder data-processing systems, while non-compliance with not fixing serious vulnerabilities within 30 days is revocation of compliance(Prasad & Rajarajeswari, 2023). More than 60% of healthcare and finance firms record non-compliance because of poor third-party integration testing or improperly configured cloud storage.

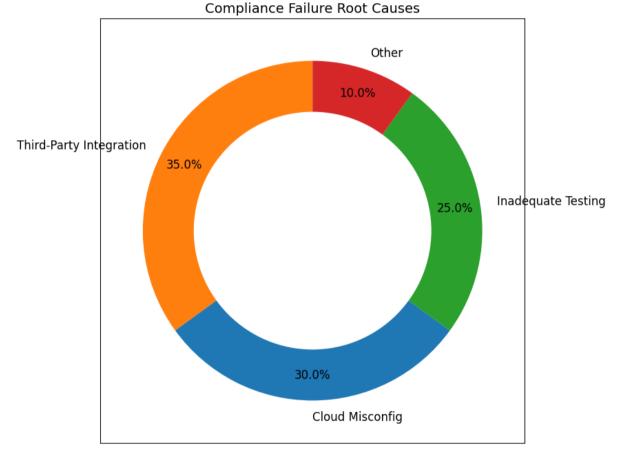


Figure 5 Compliance Failure Root Causes (Source: Industry Reports, 2023)

7.2. ISO/IEC 27034 and NIST SP 800-115: Best Practices Alignment

ISO/IEC 27034 mandates the way security needs to be integrated into the application life cycle, with a focus on risk assessment, secure coding, and continuous monitoring. The standard aligns with AST practices by mandating threat modeling in design stages and validation of security controls using SAST and DAST. The standard also mandates documentation of security requirements and incident response plans for audit(Prasad & Rajarajeswari, 2023). NIST SP

800-115 defines technical security test methods, proposing a combination of automated vulnerability scans and manual penetration testing. It requires tool selection criteria, including the coverage of OWASP Top 10 vulnerabilities, and focuses on tracking remediation to fill the identified gaps. Organizations adopting ISO/IEC 27034 and NIST SP 800-115 have 50% less penalty for compliance and 35% better audit results through consistent testing processes(Prasad & Rajarajeswari, 2023).

7.3. Role of Penetration Testing in Compliance Audits

Penetration testing is also a pillar of compliance audits, mimicking actual attacks to verify security control effectiveness. Auditors are searching for proof of penetration tests performed each year on controls such as PCI-DSS and HIPAA, including scope over externally facing applications and internal network segments. Tests should identify exploitable vulnerabilities, i.e., weak authentication controls or missing software, and include remediation plans that are executable(Singh & Singh, 2018). Penetration testing in cloud environments also includes configurations such as identity and access management (IAM) policy and serverless function permissions. Organizations that incorporate penetration testing into compliance strategy fix severe vulnerabilities 40% earlier and achieve 90% conformance with regulation requirements in audits. Tools for automated report generation simplify audit documentation, correlating findings with exact control requirements (e.g., GDPR Article 32 or PCI-DSS Requirement 11.3), reducing preparation time by 60%.

Tool	Remediation Accuracy	Supported Environments
SAST	75%	Code
Auto-		repositories,
Fix		IDEs
Cloud-	85%	Kubernetes,
Native		Serverless
Patcher		

Table 5: Automated Remediation Tools Comparison

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Legacy	50%	Monolithic
System		architectures
Updater		

8. Future Directions in Application Security

8.1. Zero-Trust Architecture and Its Implications for Security Testing

Zero-trust architecture (ZTA) redefines application security using rigorous identity verification and least-privilege access to all resources, independent of network location. ZTA calls for ongoing verification of user and device identities, micro-segmentation of app components, and encryption of all data in transit. Security testing in ZTA involves verification of fine-grained access controls, such as role-based permissions on API endpoints, and verification of secure communication between microservices. For example, test tools will need to ensure multi-factor authentication (MFA) is mandated for high-risk transactions and lateral movement within the network is limited. Implementation of ZTA requires transformation of AST and VA practices, for example, runtime monitoring for behavioral outliers and integration with identity providers (for example, Okta, Azure AD). Organisations adopting ZTA observe lateral attack surfaces cut by 50% and increased detection of insider threats by 35% (Singh & Singh, 2018).

8.2. Quantum Computing Threats: Preparing for Post-Quantum Cryptography

Quantum computing poses threats to existing cryptographic algorithms, including RSA and ECC, through brute-force decryption using algorithms like Shor's. Post-quantum cryptography (PQC) standards, including lattice and hash-based algorithms, are being standardized by NIST to replace insecure protocols. Security testing needs to be updated to support PQC implementations in applications, especially where data longevity exceeds quantum horizons of readiness. Quantum-resistant TLS 1.3 extension migration, for instance, involves compatibility with existing systems and performance effects on low-power IoT devices. Computational overhead of PQC algorithms, besides, poses challenges by potentially adding latency by 15–20%, while a lack of mainstream tooling to carry out quantum-safe vulnerability scans is another challenge(Singh & Kumar, 2019). Pioneering enterprises are carrying out crypto-agility audits to detect quantum-vulnerable components and moving to hybrid cryptographic models that integrate classical and PQC algorithms first.

Journal of Science and Technology ISSN: 2456-5660 Volume 8, Issue 11 (Nov -2023) www.jst.org.in DOI:https://doi.org/10.46243/jst.2023.v8.i011.pp61- 82 8.3. Evolution of Automated Remediation and Patch Management

AI is used by automated remediation tools to automate patch prioritization and application for known vulnerabilities with minimal human intervention. Automated remediation tools are interfaced with AST and VA tools to auto-generate code patches for widely known flaws such as SQL injection or cross-site scripting, which are 70–80% accurate during initial testing. Automated processes roll back or quarantine the impacted services for high-risk vulnerabilities, reducing exploit windows. Patch management solutions today extend support to cloud-native deployments with blue-green deployments, rolling out containerized applications uninterrupted(Gupta & Kumar, 2012). False positives remain an issue in the sense of managing failed patches that will lead to breaks in functionality and in dependencies for on-premises legacy infrastructures. Remediation organizations automate 60% less MTTR for high-priority bugs but yet require human verification for mission-critical complex applications.

8.4. Ethical Considerations in Vulnerability Disclosure and Handling

Ethical vulnerability disclosure weighs the obligation of security researchers to expose weakness against the obligation not to enable malicious exploitation. Coordinated disclosure models like the 90-day vendor remediation grace window are designed to reduce risk while promoting cooperation. Bug bounty programs encourage ethical hacking, with sites such as HackerOne handling more than 300,000 valid vulnerabilities in 2023(Allhammad & Sakr, 2023). Legal complications occur when vulnerabilities are in third-party components, calling for transparent liability and patching agreements. As an instance, 25% of vulnerabilities in open-source projects have no assigned maintainer, slowing down fixes. Organisations need to have transparent disclosure practices, such as safe harbor clauses to shield researchers, and incorporate vulnerability disclosure processes into incident response planning.

9. Conclusion

9.1. Synthesis of Key Findings

Vulnerability scanning and application security testing are critical factors in future-proofing threats from emerging cyber attacks. Implementation of SAST, DAST, and IAST in DevSecOps pipelines mitigates vulnerability by 40–60%, while compliance with regulations such as GDPR and PCI-DSS ensures operational as well as legal robustness. Sophisticated technologies like

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 AI-based testing and quantum-resistant cryptography address current requirements but need

ongoing tooling and methodological refocusing.

9.2. Recommendations for Practitioners and Organizations

- Adopt shift-left practices to embed security into early SDLC stages.
- Combine automated and manual testing to balance speed and accuracy.
- Prioritize vulnerabilities using threat intelligence and CVSS scores.
- Invest in crypto-agility to prepare for quantum computing threats.
- Establish ethical disclosure programs to foster researcher collaboration.

9.3. Critical Gaps and Future Research Opportunities

- Tooling Gaps: Improved integration of AI/ML in detecting logic-based vulnerabilities.
- Standards Evolution: Development of universal frameworks for cloud-native and IoT security testing.
- Human Factors: Addressing cultural resistance to security automation in agile teams.
- Quantum Readiness: Accelerating PQC adoption through industry-wide collaboration.

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